

Bharati Vidyapeeth
(Deemed to be University), Pune
School of Distance Education

Name of the Assignment Setter:					
Course:	MBA	Class:	CDOE	Semester:	I
Subject:	110 Counselling Psychology				
Q.1)	Attempt ANY ONE of the Following (1000 Words)				(10)
	a)	Explain the ABC model of Cognitive Behaviour Therapy (CBT) and discuss the techniques used in CBT.			
	b)	Explain a 'Vulnerable child' and the contributing factors to it. Describe the ways and techniques to provide counselling for child abuse.			
Q.2)	Attempt ANY TWO of the Following (800 Words)				(12)
	a)	Discuss the importance of termination and follow up in counselling.			
	b)	Explain ego-defence mechanisms with examples.			
	c)	Explain the role of a counsellor in transactional analysis and highlight its techniques.			
	d)	Explain children's rights and differentiate it from child protection.			
Q.3)	Write Short Notes on (ANY TWO)				(08)
	a)	Counselling vs. Psychotherapy.			
	b)	Symptoms of stress			
	c)	Cognitive Behavioural			
	d)	Counselling in the Indian Context			
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